



Idaho Rattlers

Wrestler Goals

Short Term Goal (Up to 1<sup>st</sup> Tournament): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Roadblock: \_\_\_\_\_

\_\_\_\_\_

Solution to roadblock: \_\_\_\_\_

\_\_\_\_\_

Season Goal (End of your wrestling season): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Season Goal roadblock: \_\_\_\_\_

\_\_\_\_\_

Solution to roadblock: \_\_\_\_\_

\_\_\_\_\_

Lifetime Goal: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Roadblock: \_\_\_\_\_

\_\_\_\_\_

Solution to roadblock: \_\_\_\_\_

\_\_\_\_\_