

THE CAPITAL CITY WRESTLING CLUB OF BOISE, IDAHO PRESENTS . . .

THE "CAPITAL CITY CLASSIC"

GRECO-ROMAN & FREESTYLE
WRESTLING TOURNAMENT

MARCH 20TH, 2010

- ONE DAY ONLY -

Location: Capital High School
8055 Goddard Rd.
Boise, Idaho

For driving directions go to: <http://maps.yahoo.com/dd>
For directions, + tournament flyers & information, go online to:
www.capitalcitywrestlingclub.com

Weigh Ins: Friday, March 19th -- 4:00 - 6:00 pm = If wrestling both styles (early official weigh-in)
(Must weigh in with singlet) Saturday, March 20th -- 7:00 - 8:00 am = Intermediate through Junior (Greco-Roman only)
-- 7:00 - 8:00 am = Pre-Bantam, Bantam (Freestyle only)
-- 7:00 - 9:00 am = Intermediate through Junior (Freestyle only)

Pre-Register: www.trackwrestling.com (freestyle only) Please pre-register online. Pay at tournament.

Wrestling Times: Saturday March 20th (Greco-Roman) - - - - 9:00 am *Intermediate through Junior*
(Freestyle) - - - - - 9:00 am *Pre-Bantam, Bantam*
(11:30 am start time is approximate) (Freestyle) - - - - - 11:30 am *Intermediate through Junior*

Classifications: Greco-Roman = Intermediate, Novice, Schoolboy/girl, Cadet, Junior (*No Bantam Greco*)
Freestyle = Pre-Bantam, Bantam, Intermediate, Novice, Schoolboy/girl, Cadet, Junior
Cross-bracketing will not be done.

Eligibility: Valid USA Wrestling card required. Headgear recommended. Blue/Red singlets.

Entry Fee: Greco = \$12.00 Freestyle = \$12.00 **OR** Both = \$15.00 (both styles for one fee)

Admission: Spectator admission is FREE!
Current USAW Coaches card required for free pass to be on floor.
(Except Pre-Bantam & Bantam - 1 parent may accompany wrestler to mat.)

Awards: Custom medals given to 1st through 3rd place - each division, each style.
Custom ribbons given to 4th through 6th place - each division, each style.

Contact: Mike Rhinard (208) 484-2929, Email: mike.rhinard@boiseschools.org
Mary Anderson (208) 941-0057, Email: marytanderson@clearwire.net

SPECIAL EVENT: *Olympian coach Ivan Ivanov clinic/demonstration !!!*



Capital City Wrestling Club is a USA Wrestling sanctioned club serving youth of the greater Boise, Idaho area.

